

# BIOHACKING



When it comes to supporting age-related decline, we follow the three tenets. The first is autophagy, which is the body's way of cleaning out damaged cells. The second involves optimising mitochondria function – this is the powerhouse of the cells, influencing overall cell survival. And finally, we emphasise the importance of stress reduction.

## BIOHACKING PRODUCTS



### IsaLean Shake

Nutrient dense meal-replacement smoothie for longer satiety and lean muscle mass composition.



### Cleanse for Life

Aloe vera-based, superplant drink to support the body's natural detoxification processes and promote autophagy.



### Ionix Supreme

Daily Adaptogen and nutrient tonic for stress support, metabolic function and bone and muscle strengthening.



### Collagen Elixir

Reveal more youthful skin with marine collagen peptides, vitamin C, zinc and superfoods to optimise collagen synthesis.



### Nootropic Elixir

Brain-supportive phytonutrients and nootropics for instant and long-term brain health, memory and mental focus.



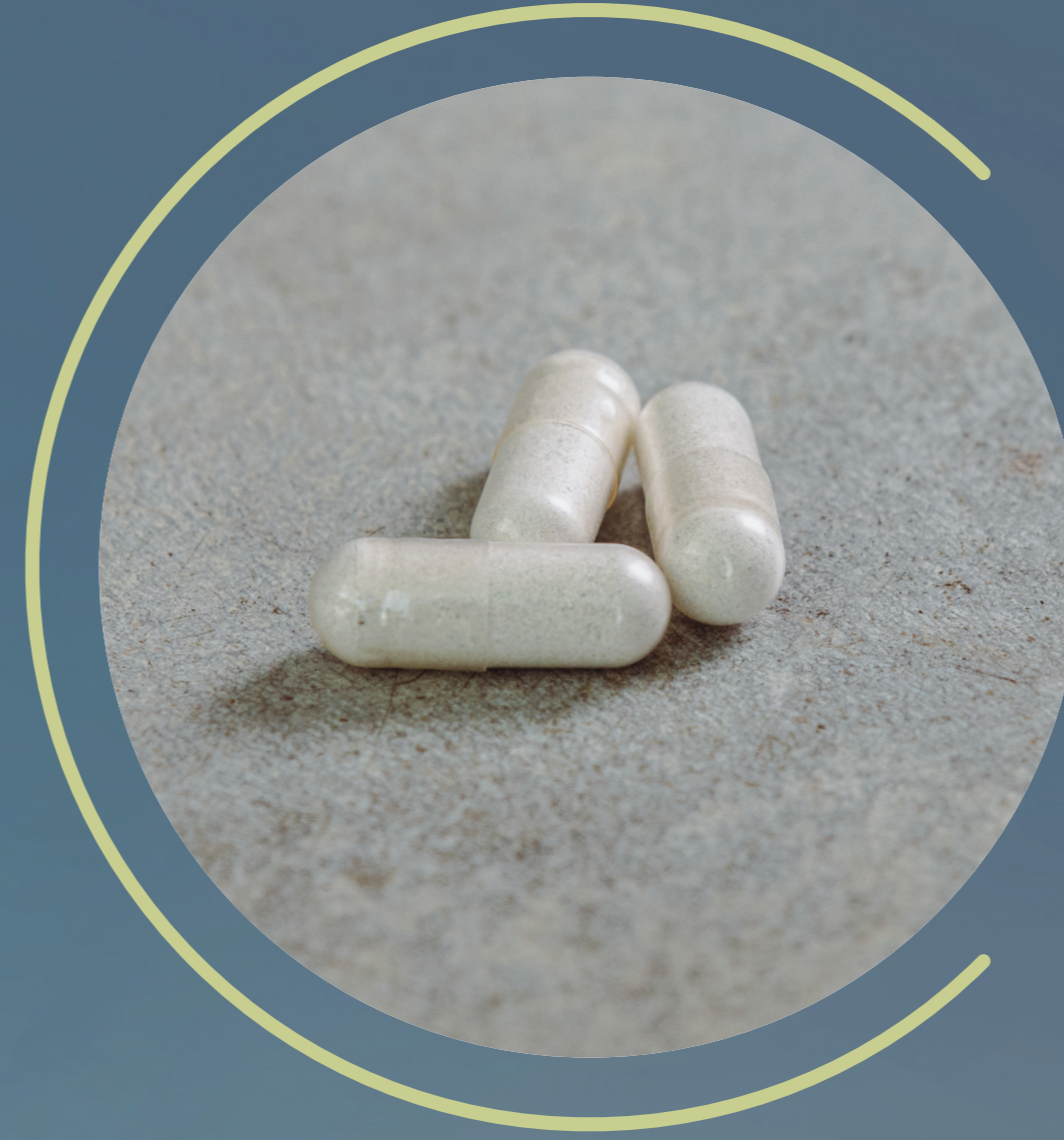
### Adaptogen Elixir

Cognitive and vitality-inducing adaptogens help the body to naturally adapt to and support stress management.



### E+

A dynamic blend of yerba mate, green tea and adaptogens for enhanced mental and physical performance.



### IsaFlush

Supports optimal digestion with magnesium, peppermint leaves and bentonite clay to absorb toxins and impurities.



### Natural Accelerator

Targeted support for enhancing metabolism with thermogenic botanical ingredients like Siberian ginseng, cayenne, green tea and cinnamon.



### Ageless Actives

Support long-term cardiovascular health and mitochondrial maintenance with cell-supportive Coenzyme Q10 and Resveratrol.



ISAGENIX  
THE ART OF WELLBEING.